



In this month's newsletter:

- Muni Vibe Check Registration for High Schoolers
- The Four Fun Ways Spotlight, Part 1
- **Bonus video!**

Hey High Schoolers – help us shape Muni! Register for the Muni Vibe Check

Muni Vibe Check is a youth-led community discussion for San Francisco high school students to connect with peers and speak up about what matters most to them. Participants will also help evaluate how easy or difficult it is to understand Muni's signage, banners, announcements and other communications, especially across different languages.

We're looking for **15–20 high school youth** who live or go to school in San Francisco. The event will be held in English and aims to create a welcoming, inclusive space. Participants will enjoy **light refreshments**, receive **Muni swag** and have the chance to shape public transportation communication.

Parental permission is required.

By filling out the form, you consent to the SFMTA contacting you about this event.

SFMTA

MUNI VIBE CHECK

AUGUST 6, 2025
10AM - 12PM
1 SOUTH VAN NESS AVENUE

- For high school aged youth
- Help the SFMTA serve different communities more efficiently
- Receive a Muni Swag Bag!
- Food provided!

PLEASE USE THIS QR CODE TO REGISTER

The Four Fun Ways, Part 1: Biking & Carpooling

One of Safe Routes to School's most important goals is to make active and shared modes of transportation – called the “**Four Fun Ways**” – fun, safe, and accessible for all youth and families across San Francisco. We strive to achieve this by providing school communities with the resources, skills and experience they need to walk, bike, carpool and take public transit safely and confidently to and from school.

In this newsletter and the next, we'll showcase each of the Four Fun Ways and how our program supports families and students. This month, we're talking about **biking** and **carpooling**.

Biking

Did you know that Safe Routes to School participants biked over 2,491 miles during the 2023-24 school year? That's the same as biking around San Francisco more than 80 times!

Safe Routes to School organizes various programs and activities throughout the year to teach students how to bike safely.



Drop-in Bike Practice Sessions and **Bike PE** are educational workshops hosted at schools and in community spaces to give kids of all ages opportunities to learn to ride a bike and to gain the confidence to ride independently on city streets. Family members are encouraged to join their kids at our **Family Learn-to-Ride** events!



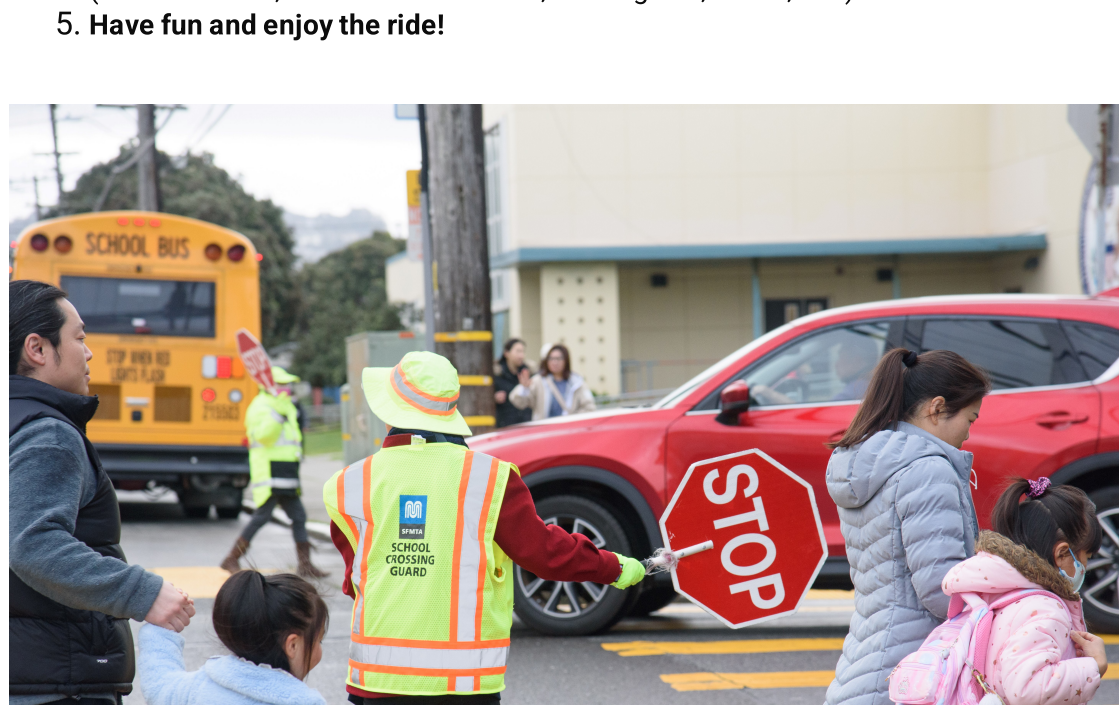
During our annual **Bike & Roll to School Week** event, students across San Francisco ride their bikes, scooters, skateboards, wheelchairs and other mobility devices to school together. In 2025, over 4,500 students and adults participated in over 50 events at schools all over the city.

Carpooling

If you drop off and pick up your kids every day, there are thousands of other parents out there just like you. Pairing up with just one other family would mean half as many trips to school. Imagine what else you could do with all that extra time!

Here are some helpful tips for carpooling to school:

1. **Find a carpool buddy** – There may be other families at your school to share and carpool with! Look for buddies doing the same afterschool activities as your child to make scheduling even easier. Set up playdates or invite families to dinner to help students and parents/caregivers to get to know each other.
2. **Talk about safety** – Make sure all drivers in your carpool are on the same page when it comes to abiding by traffic laws and safety requirements, including seat belts, booster seats, cellphone usage, smoking, etc.
3. **Decide on a schedule** – Make an agreement on regular carpool days and times.
4. **Maintain regular communication** – Consider setting up a parent group chat. Give as much notice as possible if there are any changes that might affect the carpool (i.e. a sick child, scheduled vacations, running late, traffic, etc.)
5. **Have fun and enjoy the ride!**



Bonus!

VIDEO: [San Francisco students learn about mechanical repairs at SFMTA internship](#) ([CBS News](#))

[Want to request an activity at your school or invite us to an event?](#)
[Email us at \[SafeRoutesToSchool@sfmta.com\]\(mailto:SafeRoutesToSchool@sfmta.com\)](mailto:SafeRoutesToSchool@sfmta.com)

LEARN MORE AT

[SFSafeRoutes.org](https://www.sfmmta.org) | [@SFSafeRoutes](https://www.instagram.com/SFSafeRoutes)



**San Francisco
County Transportation
Authority**

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